

Smokefree

SILVA



Kangaroo's Tale

Issue 56, January 2012

WWW.BKV.ORG.AU

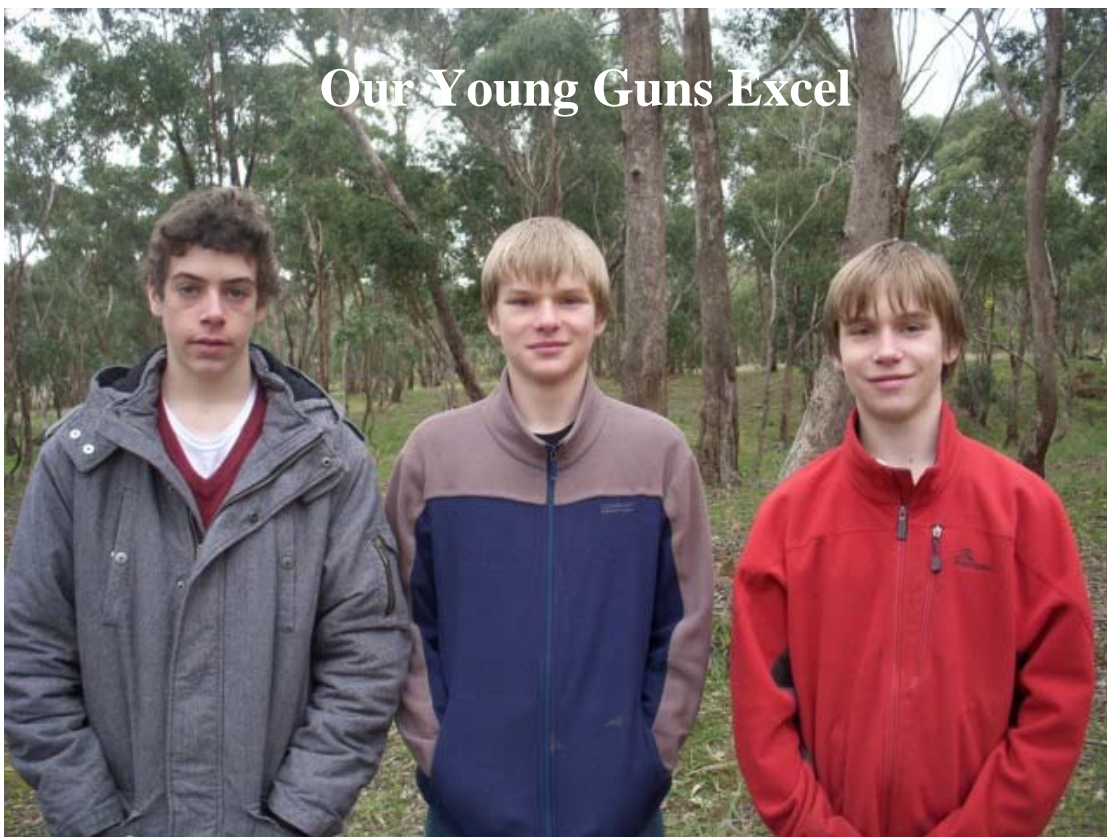
Keep an eye on the BK web site for

- the latest news on events
- feature stories on BK members' activities (with photos!)
- and speaking of photos, the photo gallery
- and a downloadable version of Kangaroo Tales in glorious colour.

Don't forget to add your own stories and updates.

Send them to webmaster@bkv.org.au - or if you already have editing rights, login with your username and password and add them yourself!

Our Young Guns Excel



Angus Robinson
(Senior Boys)

Nicholas Collins
(Junior Boys)

Peter Collins
(Junior Boys)

In recent years, many of our younger members have been performing extremely well. The three shown above were selected to represent Victoria in the Secondary Schools State teams to compete at the Australian Schools Championships held in October 2011.

(For more pics see p3)

photos in this issue by:

John Sheahan Anne Robinson Philippa Collins/Lohmeyer, Mike Hubbert
Ian Baker Thorlene Egerton Bob Leicester

Presidents Piece

John Sheahan

A Happy New Year of Orienteering to all, and a big thank you to all club members for their generous support in 2011.

As we welcome the New Year a topic that is very relevant is summed up by the word

INCLUSION !!

Have you noticed that nothing stays the same? There is nothing original in that observation.

But it's the effect that change has on clubs, and in particular what it means to BK- The most immediate indication is that we are dealing with a never ending change in our membership.

At most events you are most likely to see someone in a BK top who you don't know. How do you react? Given that a primary reason that many people join clubs is for the social interaction, our approach needs to be one of actively welcoming new comers to our ranks. Options include -Discussing their course-introduce them to others doing the same course-a next event follow up your original welcome-and a range of other possibilities.

I think we are seen as an actively inclusive organisation, that has expertise over a wide range of navigation and running sports.

So let us strive in 2012 to ensure that BK enhances that welcoming atmosphere and that BK is very definitely the type of club you would be happy to introduce to your friends

*It is pleasing to report that **Kate Sanderson** continues to make progress on her road to recovery. We wish her well for 2012*



BK HONOR ROLL

Gwennyth Baker

Gwennyth has been nominated for Victoria Senior Australian of the Year, in recognition of her work on behalf of diabetes sufferers. She has dedicated the past 25 years to raising money for research, consoling parents of newly diagnosed children, educating teachers on how to care for a child with the disease, and speaking at public forums.

Syd Boydell

After an illustrious career of 36 years teaching at the University of Melbourne, St. Michael's Grammar and Scotch College, Syd Boydell (M65) is to 'retire'. In his retirement he plans to help in the State Education system. An excellent account of Syd's career can be found on page 12 of The Age, November 28th, 2011.



Peter Collins, Patrick Jaffe (MFR) and Nicholas Collins who formed the Victorian Junior Boys team which came 2nd in the Junior Boys Section of. the Australian Schools Orienteering Championships.

Angus Robinson (below) took out the Sprint and Long distance titles in M16 at the Australian MTBO Championships



Our Young Guns perform at Oceania



Nicholas Collins, selected for the Australian Junior Boys Honour Team. (To qualify, Nicholas had to be within the top 4 performers of the Junior boys at the Schools Orienteering Championships)



The last day and exhausted Angus Robinson and Nicholas Collins

MOUNTAIN BIKING

BK finished the year with a fantastic standard of achievement.

Steven Cusworth won the Australian titles and Heather Leslie was selected to represent Aust. in the recent Aust/NZ challenge.

MTBO Standings for best 4 scores from 8 events

Mens Open A	Steven Cusworth 1 st , Andrew Rowan 3 rd , Scott Gavens 4 th , Tom Lothian 8 th .
Mens 40-49	Bruce Paterson 3 rd , Geoff Robinson 4 th , Peter Mc Inulty 5 th .
Mens 50-59	Peter Cusworth 1 st , Tim Hatley 2 nd ., John Gavens 4 th
Womens Open A	Kate Gavens 1st
Mens 16-20	Angus Robinson 2 nd
Womens 50-59	Heather Leslie 1 st .
Mens Open C	Paul Leicester 1 st
Mens 70+	John Sheahan 2 nd
Womens 60-69	Jenny Sheahan 3 rd
Mens Open D	Pierre Brokner 1 st
Womens Open C	Suzanne O'Callaghan 1st

A big thank you to the BK mountain bikers who helped organise and set Summer Series and Bush events and to all those who helped with control pick up and all the other tasks that go with event organisation.

A special thank you to Carolyn Cusworth for her cheese toasties and drinks. These provide a great focus for the social gatherings after an event.

ROGAINING NEWS

The BK results in Rogaining for the year were very strong over a wide range of classes.

A snapshot of the April 12 hour, and the Vic and Australian Champs gives some idea of the standard.

April 12 Hour at Eppalock

- 1st Andrew Baker and Gary Freudigmann 2160
- 2nd Kath Copland Kevin Humphrey 1st in X 2030
- 4th Vic Sedunary Merv Trease 1st in MV and MSV 1650
- 5th Brett Sparkes Kate Sanderson 2nd in X 1630
- 8th Thor Egerton and Jon Sutcliffe 2nd in XV 1530

Vic Champs

- 1st Brett Sparkes and Kath Copland
- 2nd Jon Sutcliffe's team
- 3rd Grant Jeffrey 1st in M mV and MSV
- Helen Alexander and Judy Herkes came 1st in WSV-2nd in WV and 3rd in W

Aust Champs

- 9th Andrew Baker and Del Lloyd 3rd in X
- 21st Vic Sedunary and Merv Trease
- 23rd Jon Sutcliffe and Dave Rowlands
- 27th Rob Mason's team
- 73rd Judy Herkes and Helen Alexander 1st in WS
- 90th Rob Caldwell and Jeanette Robinson
- 92nd Tina Smith and Bev Trease

Just to keep them out of mischief.-Vic Sedunary and Merv Trease set the 24 hour Vic Champs in the Pyrenees Range

Beaumaris



Eddie Wymer and Vic Sedunary



Matt and Janet King



Matt King and Gwennyth Baker



Annie and Bernie Hollaway



Marathon Men Glen Campbell Nick Pacher Ashley Brown Colin Grey

Glenn last year ran the Melbourne Marathon and took part in the Oxfam 100k. This year he is contemplating the Sri Chinmoy marathon- the Melbourne Marathon and the Oxfam –again! A pretty ambitious program

Nick last year ran in his first Melbourne Marathon and did the Delatite ultra run. He is currently training for this years Melbourne Marathon.

Ashley is also planning to enter the marathon club with the May half marathon and then the full Melb. Marathon later in the year

Colin is an ultra marathoner. Last year he competed in the Melbourne Marathon, the Delatite Ultra run, and the Wilsons Prom.run. He is currently preparing for the Sri Chinmoy at Wiliamstown,and the Melbourne marathon among other challenges.

CHRISTMAS DINNER

This year's dinner at the Tower Hotel attracted 67 members. The excellent meal was backed up by an absorbing video of free climbing in the Yellowstone National Park.

The following Perpetual Trophies were awarded at the Dinner (p7)

The Andrews Trophy for achievements in Navigation sports was awarded to **Helen Alexander** for her Orienteering and Rogaining achievements.

The Baker Trophy for the promotion of orienteering was awarded to **Peter Cusworth**.

The Miller Trophy for Services to the club was jointly awarded to **Gwynneth Baker** and **Greg Tamblyn**.

Everyone appreciated Jill Miller's Trivia Quiz with a hotly contested score of 17 out of 20 winning on the night.. In addition, there was a contest to unearth the most creative Legislative Considerations that should be complied with in the application of Australian Christmas Carols; a compilation of the proposals for one carol is given below, and some of the presenters are shown on p8.

Australian Jingle Bells

Dashing through the bush
In a rusty Holden Ute
Kicking up the dust
Esky in the boot.
Kelpie by my side
Singing Christmas songs
Its summer time and I'm in my
Singlet, shorts and thongs.
Jingle Bells etc.....

Legislative Considerations

Route risk assessment to be undertaken prior to any travel.
Bush dashing is now prohibited in National Parks; all vehicles are required to stay on identified tracks and need to comply with posted speed limits. In no cases shall vehicles stir dust that causes a nuisance to other Park users.

Reference to Holden constitutes unauthorised marketing.
Esky needs to be secured. Kelpie to be removed to tray and restrained; certificates of immunisation for all dogs are now required.

Singlet is inappropriate dress for hot-summer sun; long

sleeved shirt, sun-glasses and hat are minimum requirements. Driving in thongs is definitely not permitted; steel-toed shoes recommended.

Focus on driving, not singing. Words used must not to be offensive to other park users.

Note that noise abatement bye-laws now limit the use of jingle bells from 7.00 am – 11.00 pm.

MR. STREET 'O' !

Vic Sedunary is currently ensuring that the 39 events BK members organise for the various Park.Street series goes smoothly-It always does! The willingness of members to volunteer for the various ongoing tasks is always appreciated.



John Sheahan presents Peter Cusworth with the Baker trophy



Greg Tamblyn and Gwennyth share the Miller trophy



Reunion of old friends Jill Miller and Eddie Wymer

Bayside Kangaroos Christmas Dinner



The Adventure Racing mob (L to R)
Andrew Baker, Greg Andrews, Kath Copland,
Jon Sutcliffe and Thor Egerton



Kath Copland



Carolyn Cusworth

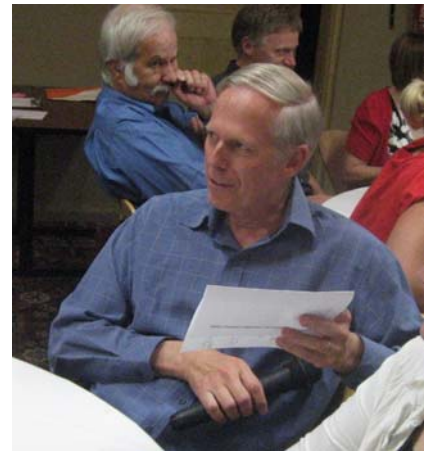
**Our resident poets
contribute their
opinions on the
Legislative
Requirements
required for a
performance of
“Australian Jingle
Bells”
(see p6.)**



Suzanne O’Callaghan



Andrew Baker



Gordon Wilson



(Above L to R)
Henry Post,
Matthew King and
Greg Tamblyn

OCEANIA (Rowdy Flat, starting team)

(Below L to R)

Stephen Collins, Philippa Lohmeyer-Collins,
Anne Robinson, Stephen Peacock, Jenny Sheahan,
Mary Enter, Prue Dobbin



Lysterfield



Mark Geary



Peter
McNulty
(below)



Rob Davis and Kim Willocks



Tania Elderkin and Stuart Lloyd



Andrew Baker

Welcome to new BK members

Matthew & Suzette Heritage
James Neeson
May Van Olphen
Steven Rakar

Did you know that

While we were stuffing ourselves at the Xmas dinner, Lauren Shelley was running in the Australian 10,000m track championship at the new Albert Park track. Lauren finished 8th. (and 6th Australian in the field).

I've deliberately titled this 'Away with the juniors' rather than 'Coach of the juniors', as there are others involved in the coaching of the juniors, who deserve the credit for the coaching that's ongoing throughout the year, whereas in recent years my involvement has been largely constrained to the trip to the national championship, and assisting the other coaches throughout the year when available. I first become involved with the Victorian Juniors 6 years ago, and since then I've been with them to 5 national championships. Typically the squad for the championships includes 16 - 20 junior orienteers and 2 - 3 adults as managers and coaches. However, this is just the tip of the iceberg, as there is an array of individuals (parents and non-parents) who provide voluntary support for the junior squad in the various aspects of fund-raising, coaching, and transport.

My year with the schools team typically incorporates the following activities:

1. Assisting at the Victorian Senior Schools' orienteering championships
2. Being available at various events in the orienteering calendar to meet-up with juniors to discuss their orienteering technique and analyse their performance
3. Assisting with the Victorian Schools' team selection trial (usually in July), at which the team for the Australian Schools Orienteering Championship (ASOC) is selected. Selection is based upon results in the Victorian schools championships, the selection trial, and other events such as previous performances in major events and the Victorian state series. Depending on who else is working with the team that year, my role at the selection trial has involved, the setting of courses, controlling the event, and general assistance with the organisation. Based on the performance of team aspirants we aim to select a team comprising of: 4 senior boys, 4 senior girls, 4 junior boys, and 4 junior girls, plus some travelling reserves if space permits. The reserves are able to run in all the schools championship events, but their results are not included in the scoring.
4. Depending on availability, specific coaching days and events may also be organised during the season, and I'll assist at these if time and other commitments permit.
5. The Australian Schools Orienteering Championship (ASOC) is usually held as part of the September/October orienteering carnival. With the schools' (ASOC) events being an individual race and relay, which are held mid-week, between 2 weekends of public orienteering. If possible the team members get to run in the public events on both weekends (which this year included Australian and Oceania Championship events) as well as the ASOC events. So the full trip can be around 9 - 10 days with a total of 6 - 7 events, which is a great experience for all involved, as we get to run on some of the best orienteering terrain in the country. Ideally, during the trip, all the different school state teams are accommodated at one venue, as this generates a terrific community feel to the week, and many interstate friendships are formed/renewed each year. Likewise for the coaches and managers it's always good to catch up with familiar faces as well as meeting newcomers, who have taken on the role for the first time. Other notable activities during the week include the draw for ASOC individual start times, which takes place the evening before the individual event, and at which the competitors are introduced; and at the end of the ASOC events the presentation dinner at which the medals are presented and the Australian Schools Honour team announced. Other highlights often include social events for which the host state may organise a trip for the schools' teams on the rest day - previous examples being: whale watching when the event was held in Queensland, and a trip to Rottnest Island when in WA. Additionally there's a scavenger hunt that goes on throughout the week, which everyone enjoys

I have enjoyed every trip with the team and it's always a pleasure to see the squad members develop, and enjoying their orienteering. It's particularly good to see the progress of former squad members, and when any make the national team it's a bonus. Indeed this year was particularly notable for me as the winner of the Men's 21E in the Australian Long course championships (Matt Crane) was a junior in the GB junior squad when I was involved with that squad around 10-years ago.

Profile – *Mike Hubbert*

Mike Hubbert was Secretary of the Richmond Harriers in the late 1960s when fellow runner, Tom Andrews, decided to organise the first Orienteering event held in Victoria. Staged at Upper Beaconsfield in August 1969, that event was the beginning of Orienteering in Australia as we know it now. Participants included top runners from the Richmond Harriers and other athletic clubs, some bushwalkers and others who were curious about this new sport. Mike ran in that first event and has since chalked up 3270 courses (including 1252 Millennium Club events), visited 41,300 controls and competed in 22 countries.

Some of Australia's best distance runners were Richmond Harriers at the time and many also became keen orienteers; so the Richmond Harriers Orienteers became part of the club.

In 1970 Mike went to the UK for three years and much of his initial Orienteering experiences were at events in the UK and Europe, including the Midnatsol Galoppen in northern Norway where events started at 10pm. An incentive was to get back in time to watch the midnight sun drift across the mountain tops.

By the time Mike returned to Melbourne the club had become the Red Kangaroo Orienteers and was attracting many members from outside athletics. And it soon spawned sister clubs – the Red Roos in ACT and Red Kiwis in New Zealand.

Mike became Secretary of the Orienteering Federation of Australia for five years and, along with Tom Andrews and others, was instrumental in gaining the 1985 World Orienteering Championships for Australia. He says "when the IOF application form arrived, 1985 was the last year listed, so I phoned Tom (Andrews) and suggested that Australia apply for 1985". At an IOF meeting in 1980 Australia was granted the Championships and the rest is history.



Wayne Fitzsimmons, Mike Hubbert and Neil Ryan
(3rd in Vic relay championships, 1979)



For further information on Mike Hubbert,
see p6, Sept. 2006, Issue 42, Kangaroo
Tales. Ed.

STATE SERIES BUSH 'O' *End of year standings.*

At the end of the bush series BK was 400 odd points clear in the Rockhopper Trophy count, which is based on club bush 'O' results. This score is then increased based on the club's contribution to the bush 'O' scene over the past year with various contributions being awarded various points. We will learn the results at the opening event of the bush 'O' season.

BK members standings at the end of the bush 'O' season were (Best 7 from 10 events)

M 12 A	Kylian Wymer 1 st .
M14 A	Peter Collins 1 st
M 16 A	Nicholas Collins 1 st , Angus Robinson 2 nd .
M35-44 A	Eddie Wymer 2 nd , Stuart Elliott 6 th /
M45-54 A	Tim Hatley 1 st , Vic Sedunary 6 th , Roy Sproule 9 th .
M 55 A	David Knight 8 th , Ian Mack 10 th , Matthew King 12 th Greg Tamblyn 13 th , Stephen Collins 14 th
M60A	Murray Hanna 5 th , Charles Zerafa 6 th
M70A	John Sheahan =2 nd
M75A	Ian Baker 2 nd .
M21 AS	Chris Codfried 2 nd .
M55 AS	Rob Caldwell 2 nd
W 10 A	Alyssia Wymer 1 st
W35-44 A	Isabelle Wymer 1 st ., Liliya Gluschenko =3 rd , Mary Enter =3 rd Prue Dobbin =7 th
W45-54 A	Suzanne O'Callaghan 5 th .
W60A	Janet King 7 th
W65 A	Judi Herkes 4 th
W70A	Helen Alexander 1 st
W45-54 AS	Philippa Lohmeyer 2 nd , Anne Robinson 3 rd
Open B	Liz Hatley 1 st

Congratulations to all the above whose results contributed to our Rockhopper Score;

Ashwood Street-O map updated

Bruce Paterson

After the Region 3 ARDF championships in Maldon, I had Bob Cooley from USA with me for a few days prior to the Oceania Championships. Bob, besides being a RadiO champion in M65 and a keen orienteer, also specialises in mapping back in his hometown in the Bay area, California. Whilst I was tied up in much post and pre championships organisation and adminstrivia I accidentally unearthed various map corrections submitted for the Ashwood map. Hey, this is a job I can get Bob to do in the meantime. He can go for short walks, in between the rain showers, to do the field checking, and he is already an Ocad whiz. Bob was glad of something to get his teeth into, and after much hiatus the Ashwood map has now been corrected.

As usual, *always* contact Henk DeJong or Vic Sedunary for the latest map if you are setting a course. Never rely on that last version on your drive (unless it was you who did the updates), or the CD of street-O courses, or other nefarious sources.

Summer Series Course Setters.

Monday Series

Lachie Fraser-Graham and Rhonda Leary-Vic Sedunary-Janet and Matthew King-Annie and Bernie Holloway –Ian Davies

Tuesday Series

Anne and Angus Robinson-Bryan Ackerly-Kate Langlois-Wymer Family-Grant Jeffrey-Matt Van Der Peet-Jun and Miki Okabe-Main Family-Margaret Micaleff-Liz Mulquinney –Monique Whwar-Sandy Burgoyne-Kirsty Hopkins-Len Budge.

Wednesday Series

Ian Davies-Keith Anker-Greg Andrews-Bev and Merv Trease-Matthew Manning-Graham Warne-

Thursday Series

Andrew Baker-Vic Sedunary-Tina Smith-Ewen Templeton-Geoff Adams-Vic Sedunary.

Geelong Series

Alan Cooke-Tania Elderkin-Stuart Lloyd-John Gavens-Heather Leslie-Alison Bone-Jenny and John Sheahan

A BIG thank you all those who volunteered to help with the setting of Summer Series events. Without your help the show could not go on!

GETTING TO KNOW YOU!

This magazine mostly covers ‘in house’ news. Apart from all of those who assist with the day to day demands of our club, there are many members who contribute to the wider “O” scene whose efforts often go unnoticed. In the list below we acknowledge their extra effort:

Geoff Adams an experienced bush ‘O’ course setter and controller

Gwenyth Baker does the Monday Results and helps co-ordinate Monday’s Summer Series events.

Steve Bird writes a regular column in the Australian Orienteer.

Les Bright collates and dispatches the weekly “O” bulletin

Syd Boydell organised Scotch College orienteering, and has recently retired.

Alan Cooke organises the Geelong summer and winter series.

Mary Enter is a bush O course setter and controller

Tim Hatley is a Bush “O” controller and course setter

Peter Cusworth coordinates the MTBO summer series, does the graphics for the Australian Orienteer.

Mike Hubbert edits the Australian Orienteer

Phil Hutton coordinates the Camberwell Grammar Schools team

Matt King sets bush “O” events, and has taken up the challenge of setting State Standard events.

Rob Lewis managed the WOC team in 2011

Matt Manning has taken on the job of organizing the Scotch College “O” team.

Bruce Paterson provides PA systems and technical expertise at numerous events.

Steve Peacock oversees the orienteering yearly calendar

Anne Robinson contributes notices and articles to local papers.

Tina Smith is the Street O treasurer

Finlay Stuart does the Tuesday night results and updates “O” websites.

Jon Sutcliffe is an International bush “O” controller and mapper.

Greg Tamblyn organises Australian Standard Carnivals

Ewen Templeton coordinates the Thursday night series

BK Bush Events in 2012

Greg Tamblyn (Bush-O organiser)

The VOA bush event calendar for next year is finally ready to be published.

BK will be running three events next year. So put the dates in your diary now. We will need your help over these weekends.

Sunday 20th May

- State Series event near Daylesford. This will be a standard single day competition.
- Map has not been used for a few years so we will have to do a field check between now and then to allow for updates before the event.

Saturday 15th Sept

- This will be the Victorian Middle Distance Championships and will be held on that remarkable area of Rowdy Flats near Yackandandah.
- The Long Distance Champs will be on Sunday 16th at Kangaroo Crossing. This event will run by Yarra Valley.
- So get ready for a great weekend in the North East of Victoria

Friday 28th Dec

- The Christmas 5 days event will also be held in the North east of Victoria. We are running day two.
 - Thursday 27th Cyanide Dam AW
 - Friday 28th Barambogie BK
 - Saturday 29th Kangaroo Crossing YV
 - Sunday 30th Rowdy Flat MF
 - Monday 31st Beechworth MF

ADVENTURE RACING

In addition to our members interests in Rogaining there are a number of BK members who compete at the Ultra Level of Navigation sports, such as Marysville to Melbourne, Upper Murray Challenge, The Whroo paddle/MTBO/Run, the Qld 18 hr starting at Midnight, The Blue Mountains 100k, the 7-10 day Geo Quest (held this year in Tasmania), The Canadian teams challenge, The Kathmandu adventure race at Lysterfield.

Who takes part in these events?

Andrew Baker, Kath Copland, Rob Davis, Thor Egerton, Gary Freudigmann, Kevin Humphrey, Miki Okawa, Kate Sanderson, Brett Sparkes, Jon Sutcliffe and Kim Willocks.

If you are thinking about taking up this challenge any of the above would be more than happy to talk to you.

I was Winning when

(Extract from a letter received from Ian Baker)

On Tuesdays I play table tennis at U3A. On 17 August I was playing well and was actually winning; fired up with the prospects of unprecedented success I dived to my right, lost my footing and crashed heavily onto the wooden floor. *(An ambulance took Ian to Box Hill Hospital. Ed)*

Here I was sat down in the waiting room of Emergency and nothing at all happened for five hours, when I had x-rays and a scan; I had two fractures in my pelvis, one in my forearm and a cracked rib. There were no beds available in the hospital so I spent the night on a trolley. Next morning I was shifted into a four-person room and examined by a senior doctor (Chinese of course), a full professor and a gaggle of medical students. I was told there was no treatment other than time to help me heal. *(After three days Ian was transferred to a Brighton re-hab hospital).*



It was pretty boring in re-hab, nothing to do but wait; avoid coughing and sneezing, both of which were liable to bring tears to the eyes. I did have a good TV and radio, the paper came every day and I spent a lot of time on my Thai language course. What I did not enjoy was the every-evening injection into my abdomen of a drug to prevent blood clotting; one Indian nurse needs retraining in how to do it but another, a Filipina, was five star, hardly felt it.

Ian says he is now well on the road to recovery, riding the bike regularly and going to street/park O. In February he is booked to have a holiday in Thailand to practise his Thai, to do a group bike trip from Chiang Mai to Chiang Rai, to get in some snorkelling and refresh the wardrobe at Thai bargain prices.

Ian Baker was founding president of Bayside Orienteers, which later merged with Red Kangaroos to form the club we have today. Ed

SOME 2011 BK HIGHLIGHTS

- Steve Cusworth took out all three Australian MTBO titles at this years' competition
 - Congrats to Nick Collins-Peter Collins and Angus Robinson on their selection in the Victorian team.
 - Kylian Wymer took out the Under 10 Australian title at the Oceania Champs.
 - Bryan Ackerly had a fantastic 2011 competing in many endurance events with many outstanding results.
-

XPD (Adventure Racing World Champs 2011) Tasmania

Thorlene Egerton

Thanks to all the BK club members who followed our dots during the race and thanks for all the great words of encouragement before, and congratulations after the event.

BK club members who participated in the race were Kim Willocks in Team Blackheart (9th place), Thorlene Egerton in Team Dancing Pandas (26th place), Jonathan Sutcliffe in Team Kauri Coasters (38th place) and Kath Copland & Brett Sparkes in Team It's All Good (40th place). The point about all these results was that ALL BKV members who started the race finished the race in complete teams. Only 44 out of 79 teams managed that achievement.



The XPD race slogan is “As much an expedition as a race”. It was a great 'race' although I would say we (Dancing Pandas) were *racing* for about 2% of it, *expeditioning* for about 70% and I was definitely only in *touring* mode for the rest. :-) During my eight days on the course my team stopped for coffees & donuts in Zeehan, ham & salad wraps in Corrina, burgers in Warratah, and toasties in a tavern. We stopped for photos, we stopped to appreciate an amazing waterfall, we stopped to admire a beautiful sunrise over sand dunes, we stopped to chat with other teams along the way. That's how we like to race. We'll never win that way, but we'll never win anyway. Racing is not a suffer-fest. There are times when you are really tired and really, really want to lie down, but there are also times when you feel fantastic. For example, we had awesome fun riding along a beach at 30km/hour one morning. We laugh a lot, we learn a lot, and we experience things we would never have imagined. Like arriving at the Little Henty River to realize there was no alternative than to strip off and swim it. Like coasteering at midnight in the light of a full moon. Like lying down to have a sleep on the cleanest whitest sand I've ever seen.



The trekking sections were really great. We had two stages which took us up high into the mountains. The biking varied between dragging your mud clogged bike through 7kms of sloppy mess, and an amazing section along a former railway line to Montezuma Falls. The Arthur River through the Tarkine Wilderness was a real highlight. It was a great 75km paddle with good current in places, heaps of grade 1 rapids and just stunning scenery.

We all have tales to tell of things going wrong and things going right. We are all very proud of our achievements.

The National Sports Museum

by *Mike Hubbert*

In 2006 I worked as a volunteer in the media centre at the Melbourne Commonwealth Games. Yes, I had to wear one of those 'smurfs' outfits. I divided my time between the media centre and MSAC (Melbourne Sports and Aquatic Centre) in Albert Park where the swimming, diving, table tennis and squash events were held. Working in the media had some advantages – I had access to the press tribunes right at poolside and claim that I had a better seat than the Queen when she visited MSAC.

Volunteering at the Commonwealth Games led to an invitation to work as a volunteer guide at the newly established National Sports Museum at the MCG and I have worked there since the Museum opened in 2008. There are some 380 volunteer guides working in the Museum and leading tours of the MCG stadium. Top sportsmen and women from present day and yesteryear are frequent visitors to the Museum and some even work as volunteers.

And some of the exhibits are in the category of "how did they survive for so long". For instance – the laurel wreath given to Edwin Flack at the 1896 Olympics in Athens; and the cricket ball from the match which created The Ashes contests between Australia and England. The Aussie wicketkeeper ended up with that ball at the end of the match, so he pocketed it. And now it is displayed in the MCC Museum at the MCG.

Herb Elliott's singlet from the 1960 Rome Olympics is on display. Herb was once an orienteer with the Red Kangaroos. Tom Andrews is honoured in the Sport Australia Hall of Fame for his work in establishing the sport of Orienteering in Australia and in bringing the World Orienteering Championships to Australia in 1985 – the first time they had been hosted outside Europe.

Another exhibit is a shoe made for Ian Thorpe to wear at the 2000 Olympics. It is huge. No wonder he can swim fast, he has built-in flippers. There's some 32 baggy green cricket caps on display and Shane Warne appears as a hologram to tell some of his cricketing life, but there's no mention of texting. There's also film of the 1909 VFL Grand Final between South Melbourne and Carlton (South won).

One of the highlights of the year is the Christmas luncheon when volunteers dine in the MCC Members' Dining Room, listen to speakers like MCC President Paul Sheahan, and sup on some excellent MCC red wine.



Mike Hubbert with Steve Hooker (the current Olympic Champion for the pole vault, having won gold in Beijing 2008).



The Tom Andrews plaque reads:

Andrews founded the Orienteering Federation of Australia in 1970, and was later chairman of the International Orienteering Federation Promotion and Development Committee from 1980-1982. He was the driving force in Australia for securing the 1985 World Championships, the first time the event had been held outside Europe.

BK Committee

President	John Sheahan	9397 3493
Vice Pres - Bush O Coordinator	Greg Tamblyn	9803 9082
Street O Coordinator	Vic Sedunary	9459 4964
MTBO Coordinator	Steven Cusworth	9762 5667
Treasurer	Henry Post	9740 3421
Secretary	Matthew King	9885 4280

Office Bearers

Activities Committee	Jenny Sheahan	9397 3493
Activities Committee	Tina Smith	0413 328 584
Activities Committee	Annie Hollaway	9872 5710
Club Statistician	Matthew King	9885 4280
Equipment Officer	Mike Hubbert	9844 4878
Northern Series Coordinator	Ewen Templeton	0418 309 911
Southern Series Coordinator	Andrew Baker	9898 4316
Geelong Series Coordinator	Alan Cooke	0411 023 107
Map Librarian – Park and Street O	Henk De Jong	97585156
Mapping Officer – Bush O	Tim Hatley	9570 2611
Membership Secretary	Gwennyth Baker	9898 4316
Newsletter Editor	Bob Leicester	9589 5408
Public Officer	Matthew King	9885 4280
Web Master	Suzanne O’Callaghan	9486 2185

Committee Members

Bryan Ackerly, Adam Scammel, Bruce Paterson, Di Shalders, Geoff Adams

All BK members are invited to attend club committee meetings.

Membership for 2012 due for most members

Most memberships are due for year 2012. Please find enclosed a membership form for renewal of membership. If the form says “paid up” that means you are paid in advance and the form is just for you to update details. Many people change emails & phone numbers – so please help us keep our records up to date

All other memberships are due for year 2012.

Important notice for those who are members of BKOC but are not fully paid up members of VOA (Victorian Orienteering Association).

Please read the request for information with regard to this matter on the back of your membership form that is enclosed with your newsletter. Could you please fill out the form and return it as soon as convenient to clear up this matter for the VOA.



Jessica Millard (3.42 kg)

Latest and most beautiful BK member, born 8th Jan. to Katherine and Chris Millard in UK