



Smokefree



SILVA

Kangaroo Tales

Issue 53, May 2010



Hageby Hassle !

The mass start where everyone runs in a different direction

For more pictures see p8 and the BK website www.bkv.org.au

Presidents Report.

The dedicated 30+ who attended our AGM at the Hawthorn Town Hall meeting room, certainly got value for attending a meeting the night before a rogaine the next day.

After all office bearers were returned, we were treated to an excellent slide presentation of Syd Boydell's hike in the South island of NZ. The talk was so inspiring that Ewen Templeton was going to make enquiries the next day about making a similar trip!

Phil Poulton then shared with us his expert knowledge on seeds and his experiences in dealing with China. 'Fascinating' is putting it mildly.



We plan to offer the two presentations again later in the year for those who missed out or who would like to revisit the talks.

The club Hageby bush O set by Jun Okabe went well, although the numbers attending were lower than expected. Those attending got great value for money with many participants –including myself– being out on the course for 2 hours or so. It was great fun on our challenging Musk Vale map, which has been re mapped after the fires.

Our next bush event is the state series at Daylesford on the Jim Crow map on July 11th. The courses are being set by Steve Peacock and Matthew King

After that our next major challenge is the Australian MTBO champs with Peter Cusworth, Martin Boland and Jon Sutcliffe playing major roles.

Busy Beavers

- Vic Sedunary is the Admin supremeO behind the BK Night and Sat series events
- Henk De Jong will be shortly calling for mappers to update the BK street O library
- Bob Leicester and Gwynneth Baker have collated and distributed this issue of the club magazine
- Suzanne O'Callaghan has our web site functioning smoothly
- Alan Cooke and the Geelong tragics are organizing a Geelong Night O
- Tina Smith and Jenny Sheahan have organised 54 starters to see "Kismet"
- Chris and Katherine Millard are setting their first Street O at Heyington



Above- Helen Adams with Clare and Hanna

Right- Bec Shaw, John Gavens and Heather Leslie cycling through the Inn valley as part of a cycling tour of Switzerland

Below left- Gwynneth Baker, Liz Hatley, Di Shalders, Jenny Sheahan and Tina Smith

Below right- Anne Robinson



Above- Roger Slade and Philippa Lohmeyer-Collins



HAVE YOU CHECKED OUT THE BK WEB SITE LATELY ?

You'll find

- Loads of new photos in the photo gallery
- News items keeping you up-to-date with all things BK events, with photos
- Info about events
- Feature articles in the Newsletter section (so why was Jon Sutcliffe dodging unexploded devices when he was Course Controller??)

Have a look! – www.bkv.org.au

HOW CAN YOU HELP?

Send us your event reports!! (or any other stories)

Just choose a BK event that takes your fancy and send a short report to us. 200 words/a couple of paragraphs will be plenty. And if you have a photo or two to go with the story, all the better - please send as a separate JPG file. If you want to resize the image first, about 200KB or 300 pixels maximum is great.

Send stories to:


Street-o - Sandy Burgoyne - bareenowl-bk@yahoo.com.au

Bush-o - Les Bright - labright@inet.net.au

Or webmaster@bkv.org.au

BK Web Site Team

(AKA Suzanne O'Callaghan, webmaster; Sandy Burgoyne, Street-O; Les Bright, Bush-O; Fran Ludgate, Social Events; Bruce Paterson, Photo Gallery; John Sheahan, occasional news writer)



Home
About us
Events
Photo Gallery
Orienteering and performance
Newsletter
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Welcome to the Bayside Kangaroos Orienteering Club web site

Sowing the seeds of adventure!

Sunday, 25 April 2010

The Bayside Kangaroos AGM resulted in the re-election of the existing committee, reflecting the satisfaction of members from the work put in on behalf of the club by the committee over the past year.



Bob, Nick, Phil-who presented a talk- and Tim.

Bush O News

by Greg Tamblyn

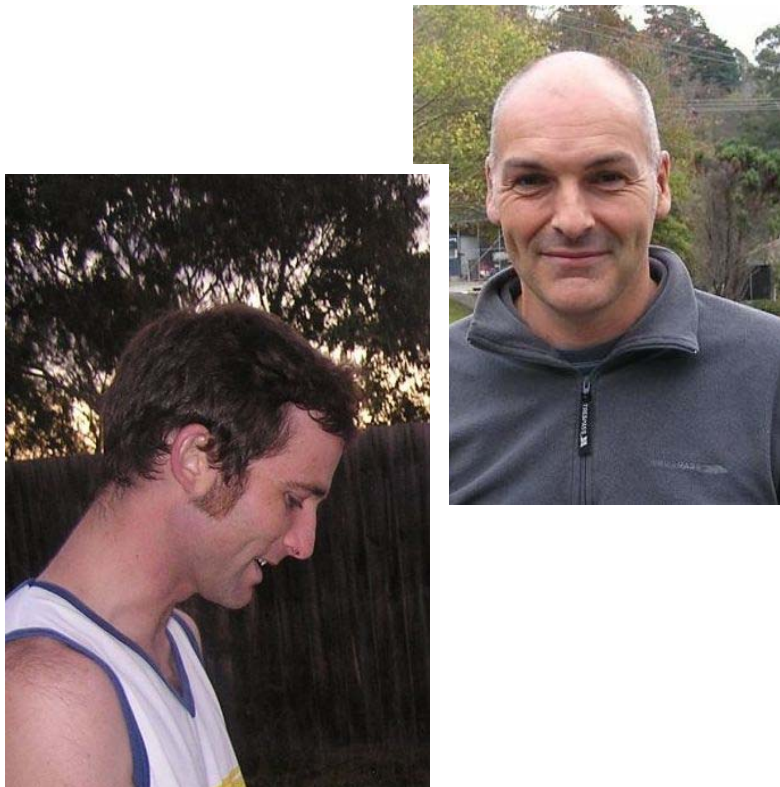
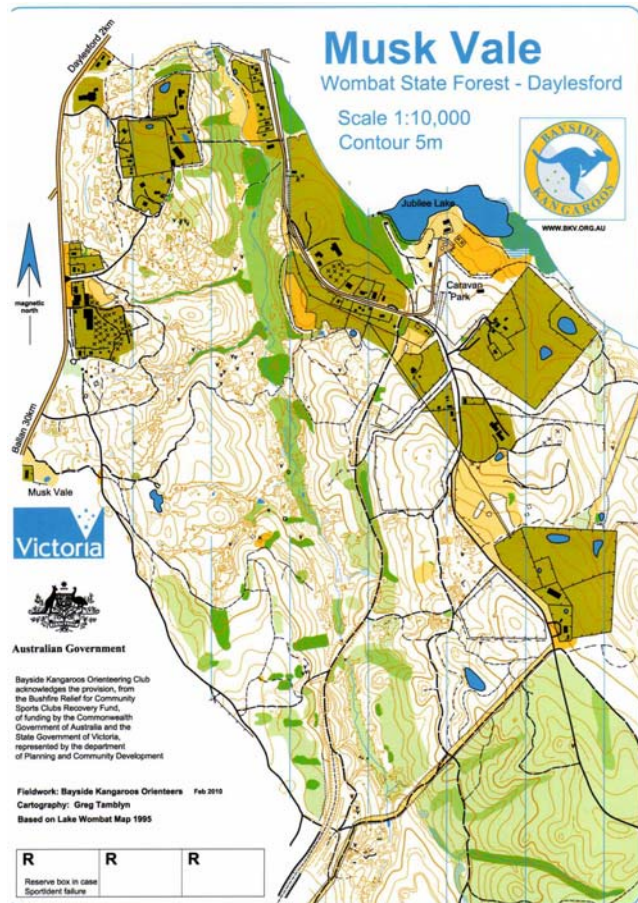
We have finally completed the remapping of the Lake Wombat map just south of Lake Jubilee in Daylesford.

Parts of this area were severely affected by last year's bushfires and the VOA and BK were lucky enough to get funding for this map from the Bushfire Relief for Community Sports Clubs Recovery Fund. The funding comes from both the State and Federal Governments.

Plans are that it will be used for the Hageby event on Sunday 16th May. Stay tuned.

We also funding available to update Mirboo North and Darlimurla MTBO maps. These area were also burnt out during the bushfires.

If you are available and would like to help, then talk to Greg Tamblyn



Above- Andrew Baker and Jon Sutcliffe, winners of the men's open section of the SA rogaining championships

Below- Kath Copland and Thorlene Egerton, outright winners of the Mt Hickey 6 hour rogaine.



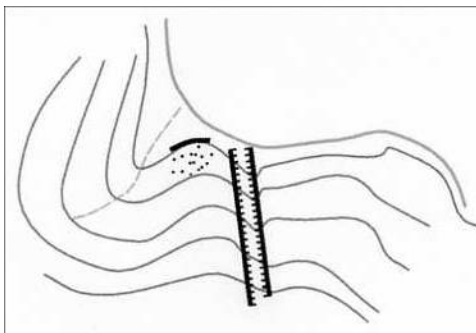
I was finishing the field checking of our Jim Crow map and came across the following feature.

The section of map shows two impassable cliffs facing each other.

I came across the feature above and started walking down the hill beside it towards the creek.

At first, it looked about 2 metres between the cliffs and about 1.5 metres down to a solid rock filled base. The further down the hill I got suddenly everything changed. There was a very deep hole with timbers braced across between the cliffs.

From the bottom, everything changed again. The total depth was about 6 metres, about 3 metres up there was timber bracing with dirt and rock above that. The amazing thing was that this created a man made cave. It looked like it went over 20 metres into the hillside. (I only went in till I ran out of light).



Unfortunately it does not make a good control feature, but what an amazing feature



Jumping Jun Okabe.

Over the past month Jun has

- Flown to America
- Set the Kensington event with Miki Okawa, 2 days after returning from the US
- Set the courses and prepared the maps for the Hageby
- 3 days after the Kensington event flew to Sydney to compete with Miki in the teams 100k cross country relay
- The following weekend Jun took part in the 8 Hour Lal Lal event

Hardly time to come up for air!



Just as the motto claims, this edition of Australia's foremost adventure race was a true expedition experience. Starting and finishing in Cairns, over 700km of mountain biking, river, lake and ocean kayaking, rafting the mighty Tully river and jungle and outback trekking, made for an 10 day adventure like no other.

Brett Sparkes, Kevin Humphrey, Thor Egerton and Kath Copland

On paper it didn't look too bad. Tracks through the jungle, long days in the boats, some tough navigation. However the reality would see only 18 out of the 47 teams finish the full course, with many more able but without enough time. Team "It's All Good", consisting of Kath Copland, Brett Sparkes, Kevin Humphrey and Thor Egerton went in with high expectations. The occasional towns we would be passing through promised pies and icecream at well spaced intervals. Don't get me wrong, we are still competitive, but in a race of this magnitude, racing for this long, it's vital that the team really looks after themselves.

We raced for 7 and ¾ days and nights, through jungles filled with a nasty little tree called "Wait a While" – once it got hold of you that's all you could do – through stinging trees and leeches, through the outback savannah with no water for 12 hours in 39 degree heat, over waterfalls at night in an inflatable kayak, over rivers, down overgrown tracks on the bikes – all the while navigating off 1:50000 maps ... often whole maps with no sign of human infrastructure.

Along the way we raced with, chatted with, and swapped tall stories with many other teams. Some teams were from as far away as Canada; others, such as the Dukes of Hazard with Kate Sanderson and Greg Andrews, were another Melbourne team. During the race we slept around 18 hours in total, ate \$800 worth of food, collected enough leeches to supply an 18th century hospital and had the time of our lives. Adventure racing is about pitting yourself against a tough course, with like-minded friends. The journey is exhausting physically, mentally and emotionally. It is unlike any other experience, and one that we will remember for the rest of our lives.

(For the full story, go to www.xpd.com.au and the link to the live site – each team wore a 'spot' tracking device, giving real time updates of progress via GPS.

BK had 7 participants—Greg Andrews-Kath Copland-Thor Egerton-Kevin Humphrey-Kate Sanderson-Brett Sparkes-and Kim Willocks.

Greg and Kate's team got through all stages except for the final stage which was a tremendous effort. They went into the event wondering how they would hold up. To last for 6 days was a colossal achievement.

Brett –Kath –Kevin and Thor finished 6th overall. Throughout the event they were always with the leaders-A truly impressive performance

Kim was a member of the team that won the event. Considering the strength of the opposition this was an outstanding effort. Ed.)

Foot Orienteering results listed in the Orienteering Victoria Annual Report.

Vic Long Dist Champs-2009 Fryerstown 27 Sept 2009

Peter Collins M 12A—Mary Enter W 35 A—Bruce Paterson—M45A—Tim Hatley M50A—Helen Alexander W 70A—Robin Marston M21A—Rob Lewis M35-45 AS—Stephen Collins M45 -55 AS—Eliz Hatley W OpB.

Vic Middle Dist Champs 2009 Mt Korong June 2009

Peter Collins 12 A—Nicholas Collins 14 A—Judi Herkes W 65 A—Helen Alexander W 70A.

Vic Sprint Champs Deakin Uni August 2009

Liliya Gluschenko W21 A—Angus Robinson M14A—Jun Okabe M 35-44 A—Judi Herkes W 65+

State Series winners 2009

Peter Collins M12A—Angus Robinson M14A—Tim Hatley M45-54A—Prue Dobbin W45-54 A
Judi Herkes W65 A--John Sheahan M70A—Helen Alexander W 70A—Charles Zerafa Long OpenB.

Aust Long Dist O Champs-- Wangaratta

1st. David Knight M35 AS—Liz Hatley W Open B

3rd Jun Okabe M35A—Phil Poulton M35AS—Philippa Lohmeyer-Collins W45AS

Aust Middle Dist Champs Chewton

1st Ann-Cathrin DegnW Open A—Anne Robinson W Ope B

2nd Mary Enter W60 A-

3rd Jun Okabe M35A-Judi Herkes W65A—Helen Alexander W70A.

Aust Sprint O Champs Benalla

1st Ann Cathrin Degn W21A—Judi Herkes W65A

2nd Jun Okabe M35A—Anne Robinson W Open B.

Aust 3 Days -Launceston

1st Helen Alexander W70A

2nd Jun Okabe M35A



Hageby

(L to R) 1. Greg Tamblyn briefs Foot O starters.
2. Vic and Alexandra 3. Bruce Paterson briefs
the ARDF RadiO starters

MTBO Orienteering results listed in the Orienteering Victoria Annual Report.

Australian Champs MTBO Results 2009

Sprint Champs (Nelson June 2009)

1st M 16 D Panter-M70 J.Sheahan 2nd Angus Robinson

Long Dist Champs (Caroline Forest SA June 2009)

1st M 14 Angus Robinson 1st M 40 Rob Davis 1st M70 John Sheahan

Middle Dist Champs (Mt Richmond June 2009)

2nd M14 Angus Robinson 3rd W60 Jenny Sheahan 3rd M 70 John Sheahan

Victorian Champs MTBO results 2009

Sprint Champs (Chiltern Oct 2009)

1st Angus Robinson M40 Bruce Paterson M50 Peter Cusworth W50 Heather Leslie M 70 John Sheahan.

2nd M21 E Tom Lothian M50 John Gavens W50 Prue Dobbin W60 Jenny Sheahan.

3rd Ian Mack

Middle Dist (Mt Richmond June 2009)

1st Angus Robinson 1st M70 John Sheahan 2nd Tim Hatley

3rd . Thorlene Egerton

Long Distance Champs (Woodend April 2009)

1st M14 Angus Robinson-M40 Rob Davis M70 John Sheahan

2nd M 50 Tim Hatley

3rd W21 E -Thorlene Egerton

M40 A Rob Davis 1st

M50 A Tim Hatley 5th.

M70A John Sheahan 1st

W 21 E Thorlene Egerton 4th

W 60A Jenny Sheahan 4th.

2009 National MTBO Rankings.

M14 Angus Robinson 1st

M40 A Rob Davis 1st

M50 A Tim Hatley 5th.

M70A John Sheahan 1st

W 21 E Thorlene Egerton 4th

W 60A Jenny Sheahan 4th.

- **Bev and Merv Trease** are currently in Central Australia, where dodging the floodwaters is becoming something of an art.
- **Di Mittag** is training for the Geoquest 48 hour event which will be starting at Lake Macquarie in a few weeks.
- Congratulations to **Steve Cusworth** who has been chosen to represent OZ in the world MTBO champs in Portugal. The club wishes Steve every success. The club has made a financial grant available to assist Steve
- Congratulations to **Andrew Baker** and **Luke Haines** on their first place overall in the recent 8 Hour rogaine at Lal Lal, 200 points clear of the second placed team.

Easter 3-days

Reflections from 2 families “New” to Orienteering

1. Philippa Lohmeyer-Collins

I had been out an hour and was looking for control number 4. It was not going well. Obviously Orienteering in the ACT/NSW at interstate level was beyond me. Why oh why did I suggest we come to Easter 2010? Another competitor from Queensland or WA commented to me as we then wandered along the creek together that this was harder than anything she had done as well. Then, as we emerged into the open grassy woodland and the Kooyoora-like rocks didn't look as big as 10 minutes ago, we both reflected on the beauty of this bush.

Gudgenby Homestead in Namadgi National Park, south of Canberra, was the site for Day 1 of the three day event that makes up the Easter Orienteering competition. Since the 2003 bushfires the bush had grown back well and on this particularly sunny autumn day it was a sheer pleasure and privilege to be out and about in the wilderness. I made it round the course in less than 2 hours. Anne Robinson had a terrific run in much less time and was there to greet me with water. Her kindness was very much appreciated.

Day 2 in the Pines of Kowen East allowed me to redeem myself and by Day 3 I was ready to return for another Easter event. I was also impressed by how the organisers had worked together with the land owners. Each day a gold coin was collected for car parking with the money donated to the landowner's chosen cause. So Day 1 money went to buy seeds for native grasses to be planted where cars were parked. Day 2 the money went to a local community charity and Day 3 it went to the local Rural Fire Service. This outward thinking is to be commended.

Perhaps the highlight was the enjoyable time with other Victorians. First there was a BBQ and Angus Robinson's 15th birthday to celebrate (any excuse for cake and ice cream), then the Gala Dinner at the Botanic Gardens and finally a BK dinner at the local Leagues Club. Each day we set up shelter next to Tuckonie and Dandenong Rangers as representative Victorians and cheered each other up the finish straight. Bruce Patterson got us all into the fastest finish time fever. Our lads Nicholas and Peter enjoyed the competition with similarly aged lads from interstate. The experience was invaluable. Perhaps, too, they realised that the time has come when they are better at both the running and the navigation than their parents! Just as well orienteering has age categories!!!

2. Anne Robinson

Easter 2010 was our first three-days competition and a chance to return to Canberra where we had lived for over 2 years in the mid 90's and where Angus was born. While I was really looking forward to it I hadn't banked on a trip to London when we entered, and had been home less than a week, so was still feeling jetlagged! The Prologue sprint event at ADFA was challenging, warm and interesting in a location where we normally wouldn't have access. If only for control #4 not being where I thought it was I would have had a relatively clean run! We got our first look at the organisers' green ideas – BYO programs and start lists, separation and recycling of garbage, free fruit and no-paper results system with immediate updates as competitors came in ... all winners in our minds.

Day 1 at Namadgi allowed us to meet two sets of orienteers from other states as we gave them lifts to and from the visitor centre after car pooling was requested. The course was a mix of regenerated native bush, some open land divided by a good sized creek, and complex granite. Angus in M16 really felt the step up in age group with 50% more distance and hard vs. moderate navigation difficulty as well as stiff competition from the other states, but finished strongly. I navigated really well in W45 AS and just made one bad route choice that was slow going so was extremely pleased with the day.

Day 2 at Kowen Forest was a lovely setting and we had been here before when Geoff and Angus rode the ACT MTBO Champs in November 2008. The course was a good mix of pine forest, native forest, some tracks and fences and some open grassland along creeks. We both had good runs and had cottoned on to the BK finish chute competition so had a stab at that as well (the only finish that was not uphill helped too).

Day 3 near Collector was described as a mix of open running in farm paddocks and native forests with areas of “significant” fallen timber – well that was an understatement! My course had about 300 m of the open running (at the end) and the rest fallen timber ... I was not a happy orienteer and being my fourth event I found I was pretty tired too. Climbing over the fallen timber was like doing stairs! Exhaustion, a few mistakes and a slow time was the result. Angus did pretty well considering the terrain and made up for any family disappointment at the pizza van.

We really enjoyed our first Easter 3-days, especially the camaraderie amongst the Victorian and BK competitors, and will certainly be back for more.

My First Rogaine

by Jan Norman

It was 10am on Saturday 24th April and I had found myself herded like cattle ready for the start of my first rogaine the 'Mt Hickey Hiccup' in the Tallarook State Forest

It was pouring with rain and I wondered if I was going to last 6 hours scrambling round in the wet undergrowth and along the muddy tracks.

I loved it ! The challenging exercise, lovely scenery, good company and the help of a strong branch as I didn't have a walking pole.

Rosie Salvaris and Des Gregory took me under their wing and we navigated our way round the course with just a few "hiccups". To begin with I was amazed that we could fairly accurately find the controls, but I did learn that if you want to go west and the compass indicates you are going east believe in your compass and not go several km out of your way in the opposite direction.

We were too ambitious with our planning and ended up having to run home getting back with just 28 seconds to spare. Somehow we managed to come third in our category and tired legs were forgotten as we got stuck into great food at the hash house.

It was a most enjoyable day and I'm certainly planning on doing another one if I can ever get the mud off my runners !

Easter 3-Days

For more photos, see BK Website.

(Photos courtesy Anne Robinson and John Sheahan)





BK Committee

President	John Sheahan	9397 3493
Vice Pres - Bush O Coordinator	Greg Tamblyn	9803 9082
Street O Coordinator	Vic Sedunary	9459 4964
MTBO Coordinator	Martin Boland	0408 693 975
Treasurer	Henry Post	9740 3421
Secretary	Matthew King	9885 4280

Office Bearers

Activities Committee	Jenny Sheahan	9397 3493
Activities Committee	Tina Smith	0413 328 584
Club Statistician	Matthew King	9885 4280
Equipment Officer	Mike Hubbert	9844 4878
Northern Series Coordinator	Ewen Templeton	0418 309 911
Southern Series Coordinator	Andrew Baker	9898 4316
Geelong Series Coordinator	Alan Cooke	0411 023 107
Map Librarian – Park and Street O	Henk De Jong	97585156
Mapping Officer – Bush O	Tim Hatley	9570 2611
Membership Secretary	Gwynneth Baker	9898 4316
Newsletter Editor	Bob Leicester	9589 5408
Public Officer	Charles Zerafa	9728 2394
Web Master	Suzanne O'Callaghan	9486 2185

Committee Members

Bryan Ackerly, Adam Scammel, Bruce Paterson, Di Shalders

All members are invited to attend club committee meetings.

Errata

In the last issue of Kangaroo Tales some significant rogaining results were omitted.

In the Barmah Forest 12 hour rogaine outstanding achievements were:

- Rob Mason -always competitive came second overall winning the Mens Open and Mens Veteran Categories
- Len Budge 1st Mens SV
- Peter Brooks 3rd MV
- Jane Harries 1st W and WV

In the Albury rogaine

- Eric Davidson scored 1st place in the XV Class

In the Rawson event

- Eric Davidson scored a 2nd in the XSV